November 23, 2020

Dear President Trump:

I humbly offer the following observations:

1. Based on my front-line experience, it is essential to start treatment against Covid-19 immediately upon clinical diagnosis of the infection and not to wait for confirmatory testing. There is a very narrow window of opportunity to eliminate the virus before pulmonary complications begin. Delaying treatment is the essence of the problem. My treatment regime is attached and please know that as of today it has saved thousands of patients without serious complications or negative side effects. Hundreds of top doctors across the world have embraced prehospital treatment of Covid-19 in high risk patients.

2. Based on my front-line experience, the emphasis must be on preemptive treatment for high-risk patients in the outpatient setting - primary care and urgent care settings. It makes no sense to wait until a patient is admitted to a hospital and put on a ventilator.

High-risk patients are those over the age of 45, those with underlying health conditions or compromised immune systems, and anyone with symptoms and shortness of breath.

In addition, we should consider immediate prophylactic treatment of very high-risk individuals.

Very high-risk individuals are front-line health care providers, nursing home residents, police officers, etc.

3. Based on my direct observations, the risk of side effects to this treatment regime is exaggerated. The theoretical risk of heart arrhythmia (QT prolongation) is 1 in 10,000. However, the actual risk of death from Covid-19 in the high-risk population is between 5 to 10%. The risk versus benefit analysis overwhelmingly favors treatment. And in my clinical experience, I have seen no serious negative side effects.

4. This is World War Ill (virus vs humanity). Under these circumstances, we don’t have the luxury of operating as we do in peacetime for studies and research. Millions will die and the economy will collapse while we wait.
Dear Mr. President:

I humbly request the following:

1. We need an executive order to override any state obstacles and to (a) allow all physicians to prescribe the above regime without the fear of liability or retribution; and (b) permit pharmacies to dispense this medication without the fear of liability or retribution.

2. The pharmacies need an immediate supply of sufficient medicine to dispense the above regime to at least 150 million people. Please do everything in your power to achieve this.

4. The Task Force, CDC, FDA, NIH should all issue strong recommendations to physicians to treat their patients early and aggressively based on clinical diagnosis, without the delay caused by confirmatory testing.

5. Any bureaucratic/man made obstacles that interfere with doctors’ ability to treat their patients with these well known, field tested, inexpensive and life saving medications in my humble opinion is inexcusable and should be treated as a crime against humanity.

With much respect,

Dr. Vladimir (Zev) Zelenko

cc: